

ANNUAL REPORT

2025



Joint Commission
Accredited

HRSA

Health Resources & Services Administration

Federally Qualified
Health Center (FQHC)



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Message from our CEO

Laura Larson-Huffaker
Chief Executive Officer

It is always satisfying to be able to look back on the past year and see the positive impacts that Horizon Health and Wellness has had on the lives of the people in the communities we serve. Fiscal year 2025 provided us with the opportunity to continue our core services while also implementing some new programs aimed at closing gaps in care for individuals with primary care and behavioral health needs.

Our healthcare programs focused not just on physical health (improving heart health, diabetes management, preventive care and more) but also on behavioral health. Through our trauma informed crisis and outpatient programs we make a real difference in reducing the number of suicides in our communities. We also saw successes in important areas such as reducing substance use, helping individuals find or keep housing, and reducing individuals' involvement with the justice system. Also, we developed a new program to target individuals in Pinal and Gila counties who are experiencing a first episode of psychosis. Based on a proven model of care, our First Episode Program will improve the prognosis for individuals who receive services immediately following a psychotic experience. In addition to these behavioral health and primary care services, we also provided vital care to some of the most vulnerable individuals, including those with intellectual and developmental disabilities.

The year was not without challenges. As part of our strategic plan to utilize and embrace new and better technologies, we implemented a new electronic medical record platform for our behavioral health programs. We also upgraded our existing platform for primary care as we work toward a fully integrated record system. These new systems provide us with additional opportunities for using AI to help automate some of our processes, create user friendly patient portals, and a better patient experience overall.

We could not accomplish any of this without our exceptional staff who value our mission and work hard day in and day out to improve the lives of our patients. I am also grateful for our Board of Directors for their support and leadership, our funders who believe in us and celebrate our successes with us, and our community partners for the amazing collaboration we experience in Pinal, Maricopa, Gila and Yuma Counties.

We look forward to continuing to make a difference in 2026.

Kindness matters

Vision

Our vision is to alleviate human suffering and empower people to attain their optimum potential.

Mission

Our mission is to provide integrated health care that addresses the whole person and promotes wellness using best practices to enhance the quality of life of the individuals, families, and communities we serve.

We're Committed...
to creating a culture rooted in
compassion, respect, and empathy.

Our Story

Horizon Health and Wellness is a non-profit 501(c)(3) integrated health care agency licensed by the State of Arizona to provide an extensive array of services, including primary care, behavioral health care, services for the intellectually and developmentally disabled, recovery homes, medication-assisted treatment (MAT), and mobile crisis intervention services in central and southern Arizona.

Horizon Health and Wellness has been serving underserved communities for over 40 years. Horizon's origins began in the late 1970s as the Behavioral Health Agency of Central Arizona. Horizon adopted the name Horizon Human Services in 2000. Diverse patient needs helped the organization gain awareness of the need to provide integrated healthcare services. So, in 2015, Horizon Human Services merged with Mountain Health and Wellness and became Horizon Health and Wellness, as it is known today.



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Board of Directors



Robert Huddleston

Board President



Dr. Mike Farber

President-Elect



Chief Michael Pooley

Secretary



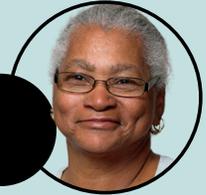
Himanshu Patel

Treasurer



Michael Morales

Board Member



Quindia Palmer

Board Member



Jeanne Golden-Burke

Board Member



Brent Billingsley

Board Member



Bill Pearlman

Board Member



Erica Bang

Board Member



Cameron Cobb

Board Member

Our board of directors brings together a diverse group of community leaders, professionals, patients, and independent thinkers. United by a shared commitment, they work tirelessly to propel Horizon forward and make a meaningful, lasting difference in the communities we serve.

Meet our Leadership Team



Laura Larson-Huffaker
Chief Executive Officer



Dawn Cottrell
Chief Operations Officer



Dr. Antonio Carr
Chief Medical Officer



Elena McGroarty
Chief Clinical Officer



Benjamin Baxter
Chief Financial Officer



Mary Jo Silcox
Chief Strategic Initiatives Officer



Maria Johnson
Chief Crisis Officer



Jessica Colvin
Chief Quality Management Officer



Les Sauve
Chief Human Resources Officer



Making a Difference

As a Federally Qualified Health Center (FQHC), our mission extends beyond providing medical care—we're committed to advancing health education, preventing disease, and engaging in meaningful community outreach. By promoting healthier lifestyles and empowering individuals to take charge of their own well-being, we create lasting positive change within our community.

As an Employer...

We employed **421** people from the communities we serve and helped **27** employees grow through position changes, promotions and tuition reimbursement.

We offer a comprehensive range of services, including physical and behavioral health care, addiction treatment, and social support for those most in need. Centered on inclusivity, we are dedicated to serving everyone—regardless of their health status or ability to pay—ensuring that high-quality care remains accessible to all.

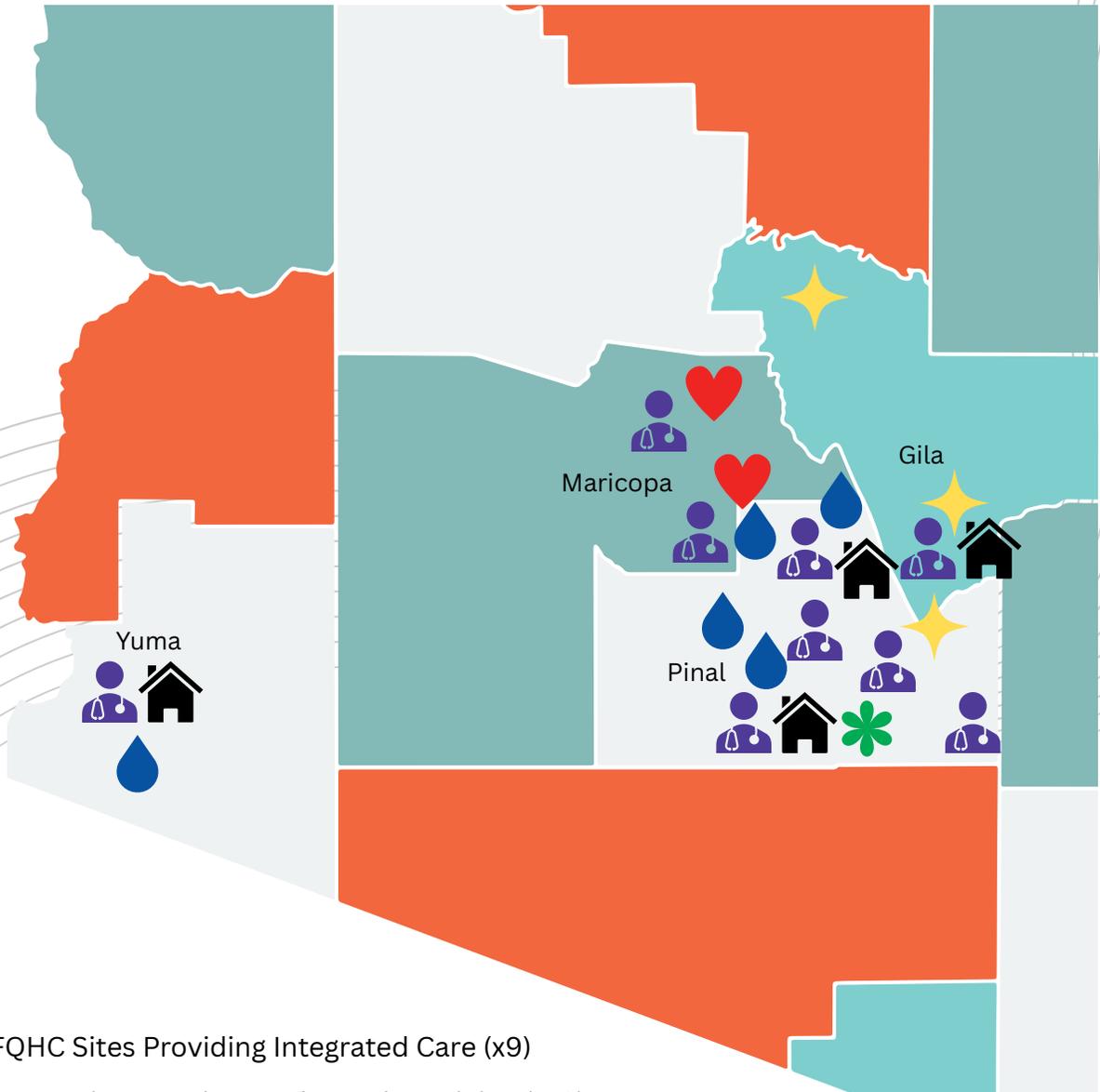


In Fiscal Year 2025, Horizon Health and Wellness generated a total revenue of **\$41,173,400**. This distribution highlights the breadth of services we offer:

- Behavioral Health:** \$23,758,800 (57.7%)
- Primary Care:** \$5,167,600 (12.6%)
- Crisis Intervention:** \$5,560,200 (13.5%)
- Habilitation Services:** \$3,107,000 (7.5%)
- Other Services:** \$3,579,800 (8.7%)



Service Area



-  FQHC Sites Providing Integrated Care (x9)
-  Supportive Housing - Independent Living (x18)
-  Residential - Habilitation (x8)
-  Outpatient - Habilitation (x3)
-  Recovery Village (x3)
-  Other Facilities (x7)

Apache Junction Clinic

625 N. Plaza Dr.
Apache Junction, AZ 85120

Casa Grande Clinic

210 E. Cottonwood Ln.
Casa Grande, AZ 85122

Chandler Pediatric Care

600 S. Dobson Rd. Suite A2
Chandler, AZ 85224

Florence Clinic

495 N. Pinal Pkwy Suite 106
Florence, AZ 85132

Globe Clinic

415 W. Baseline Spur
Globe, AZ 85501

North Valley Pediatric Care

702 E. Bell Rd. Suite 107
Phoenix, AZ 85022

Oracle Clinic

980 E. Mt. Lemmon Rd
Oracle, AZ 85623

Queen Creek Clinic

22713 E. Ellsworth Rd. Bldg A
Queen Creek, AZ 85142

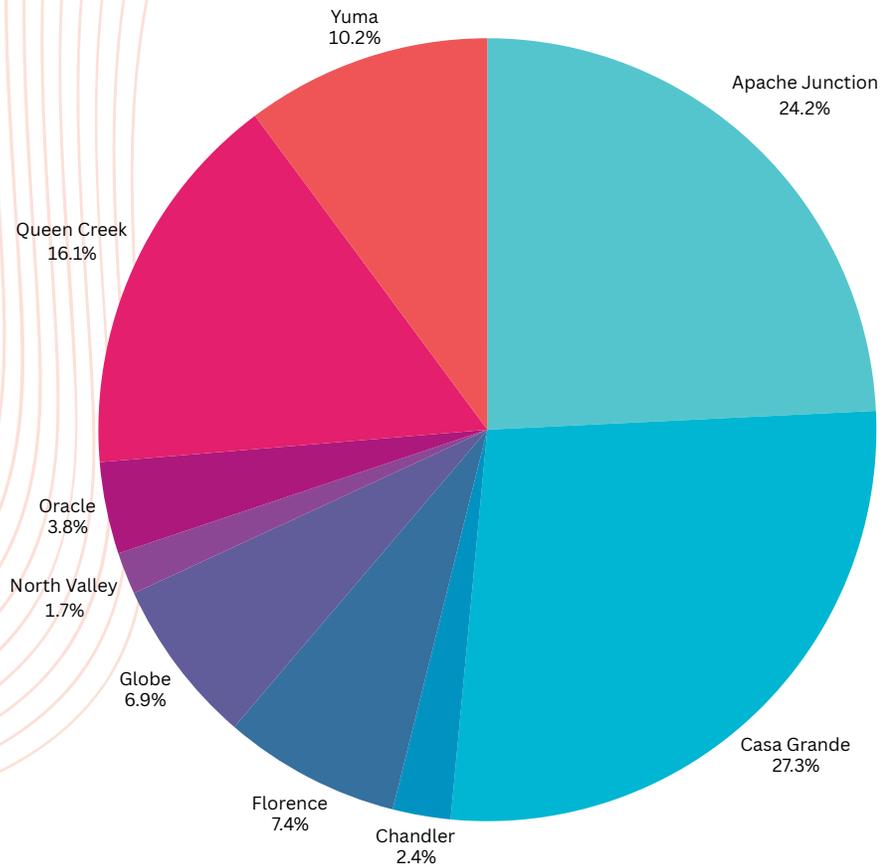
Recovery Village

352 S. Peart Rd.
Casa Grande, AZ 85122

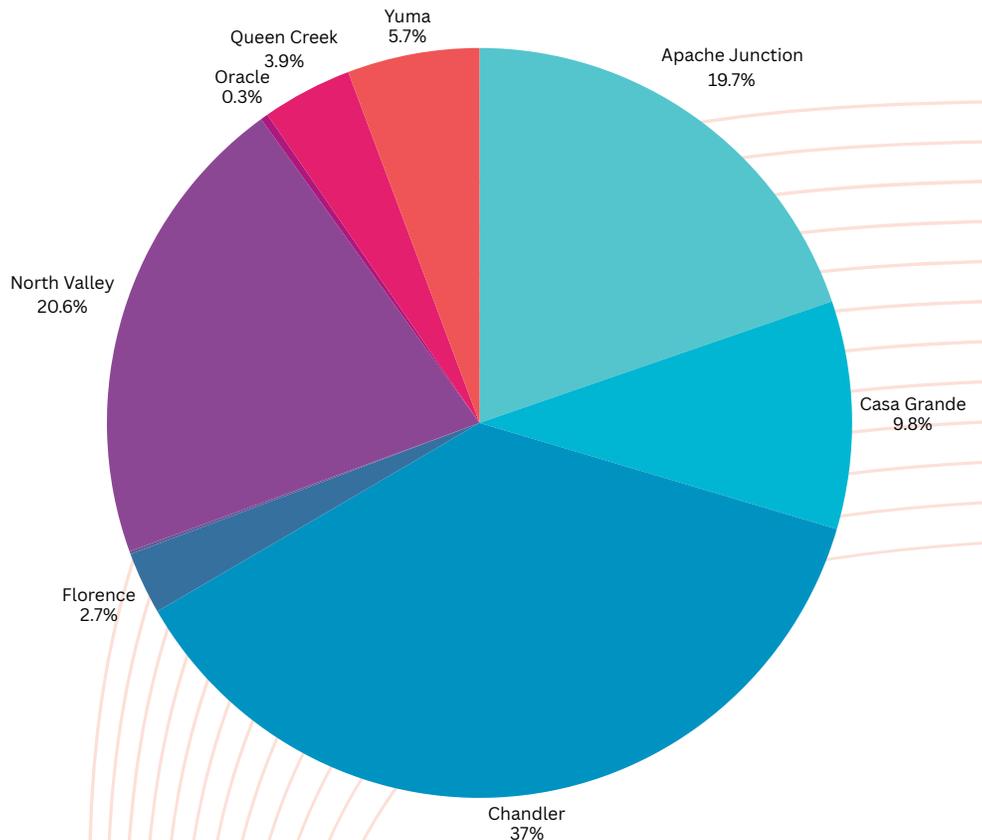
Yuma Clinic

1185 S. Redondo Center Dr. Suite 1
Yuma, AZ 85365

Behavioral Health Patients by Site: 8723



Primary and Integrated Care Patients by Site: 7744



Integrated Care

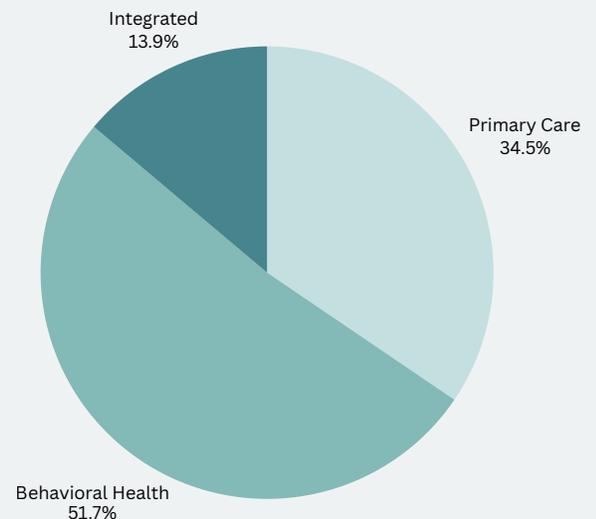


Integrated care is a holistic approach to health that combines physical, behavioral, and social services to treat the whole person rather than addressing each need separately. This model fosters collaboration among healthcare providers, ensuring that medical, mental health, and social support needs are all coordinated and connected. Integrated care is important because it leads to better health outcomes, reduces barriers to treatment, and improves the overall patient experience—helping individuals receive the right care, at the right time, in the right place.

Total Patients Served:

16,138

In FY25 we placed a stronger emphasis on preventive care, recognizing its vital role in improving long-term health outcomes and reducing the need for emergency or intensive treatment. By focusing on early detection, routine screenings, and health education, we empower individuals to take charge of their well-being before conditions become more serious. Our expanded preventive services not only help patients lead healthier lives but also strengthen the overall health of our community.



Preventative Health Outcomes...

We prevented **602** people from getting late stage cancer through our cancer screening initiatives.

We prevented childhood diseases in **1,835** children through our vaccination program.

We prevented **432** people from potentially having heart attacks and other blood pressure related issues.

We helped **232** people manage their diabetes.

Community Impacts

Behavioral Health



Our Behavioral Health program provides a full spectrum of mental health services designed to meet the diverse needs of our community. In addition to individual therapy, we offer a variety of specialized and group programs that vary by site, ensuring that care is both accessible and tailored to those we serve. Our team works closely with the Psychiatry department to deliver coordinated, compassionate care for individuals living with substance use disorders and serious mental illness (SMI). Together, we strive to provide high-quality, person-centered support that promotes healing, resilience, and long-term wellness.

We've Prevented...
over 1,100 suicides through our
behavioral health and crisis
programs

Residential Services

At Recovery Village, we're dedicated to transforming the lives of adults struggling with substance use disorders. In a safe and supportive environment, we guide individuals as they take the first steps toward healing. Our residential treatment programs provide a comprehensive continuum of care, customized to meet each person's unique needs. Through individualized treatment plans, we empower participants to overcome addiction and build a strong foundation for lasting recovery.

We've Helped...
124 people achieve sobriety
through our residential program
at Recovery Village.

Crisis Intervention

Our Mobile Crisis Teams are dedicated to providing immediate, compassionate care in the community—meeting individuals where they are and offering support during moments of crisis. By responding directly in homes, schools, and public settings, the teams work to stabilize individuals on site, helping prevent unnecessary emergency room visits or inpatient admissions. In addition to crisis response, the team plays a vital role in suicide prevention, providing community and staff training through ASIST (Applied Suicide Intervention Skills Training) and safeTALK. These efforts strengthen awareness, build lifesaving skills, and promote a safer, more supportive community for everyone.

We've Provided...
suicide prevention training to 41
staff and 57 community members

Preventing Homelessness

The first step in helping someone care for their physical and mental well-being is ensuring they have a safe, consistent place to call home. Preventing homelessness is a key part of our whole-person health care model, which addresses not only medical and behavioral health needs but also the social factors that influence overall wellness. By promoting housing stability, we empower individuals to focus on recovery, build resilience, and achieve lasting health.

We've Helped...
over 340 people experiencing homelessness, find services and resources.

Supportive Housing

Our Supportive Housing Program is designed to provide stability, dignity, and opportunity for individuals living with serious mental illness (SMI) or low income. Through properties owned and managed by Horizon, we offer affordable housing options that help prevent homelessness and promote long-term independence. Beyond providing a place to live, our team offers supportive housing services focused on teaching essential daily living skills—such as budgeting, housekeeping, and community engagement—empowering residents to successfully maintain their homes and build a foundation for a healthier, more stable future.

We've Helped...
27 individuals transition out of homelessness with our supportive housing program.



Outreach Teams

Our Homeless and Veterans Outreach programs play a vital role in engaging with individuals experiencing homelessness, meeting people where they are, and connecting them with the resources and support they need to rebuild their lives. Through compassionate outreach and collaboration with community partners, our teams help individuals access shelter, healthcare, behavioral health services, and long-term housing solutions—offering a pathway toward stability, recovery, and renewed hope.

We've Connected ...
387 veterans, including those experiencing homelessness, to essential resources in the community



Reducing Justice System Involvement



Through close collaboration with law enforcement, courts, and community partners, we work to ensure that people experiencing mental health challenges receive appropriate care rather than incarceration. By focusing on stabilization, recovery, and connection to ongoing services, our teams help break the cycle of crisis and criminalization—promoting safer communities and more positive outcomes for those we serve.

We responded...
to 307 police dispatch calls
where we were able to relieve
PD from the scene

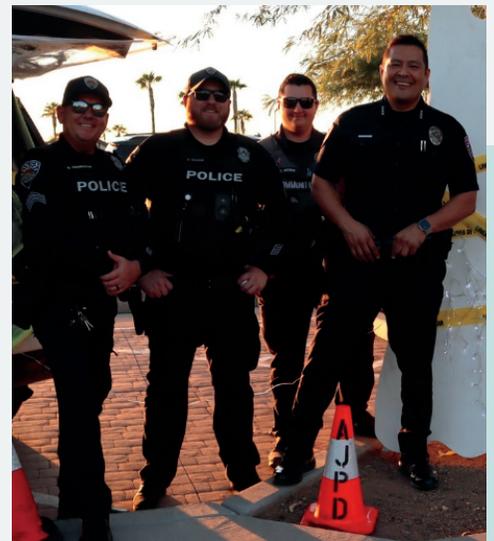
Court Ordered Treatment (COT)

Our Court-Ordered Treatment (COT) program provides individuals with a structured path to recovery, ensuring they receive the behavioral health services needed to support their safety, stability, and overall well-being. This year, we served more than 300 COT clients, connecting them to consistent care, counseling, and community resources that foster long-term recovery. By addressing the underlying causes of behavioral health crises and providing sustained support, the program helps reduce recidivism, prevent repeated hospitalizations, and promote lasting positive outcomes. COT not only changes lives—it strengthens our community by turning moments of crisis into opportunities for growth and healing.

We Provided...
services to 320 people who were
referred through the justice
system

Law Enforcement Training

We work closely with local law enforcement to provide training on recognizing the signs of mental illness and effectively responding to individuals in crisis. Through this collaboration, officers gain valuable tools and insights to de-escalate situations safely, connect individuals with appropriate services, and promote compassionate, community-based responses to mental health crises.



101
law enforcement officers
have been trained in crisis
intervention

Community Involvement



Our teams are active throughout the community, attending local events to raise awareness about our services and provide education on mental health, preventive care, and homeless outreach. By engaging directly with the public, we not only connect individuals to the resources they need but also promote understanding, reduce stigma, and encourage a community-wide commitment to health and wellness.



We've Attended...
over 60 community events

Earth Heart Park and Community Garden

The Garden Club meets twice a week to care for the Earth Heart Park Community Garden, where dedicated volunteers have cultivated more than **300** pounds of fresh produce and harvested over **6,000** seed packets—all donated back to the community. This year, our master gardener, Lavier Kurtz, partnered with our Behavioral Health team to introduce a garden therapy group, combining the benefits of nature and mental wellness. We're excited to see this collaboration grow and continue enriching both our garden and our community.



Kindness matters



More Information

Everyone can play a part in building healthier communities and making a difference. Here's how YOU can help:

PARTNER

Collaborate with us on an initiative or event to bring vital services and resources to those in need.

SPREAD THE WORD

Share our mission with friends, family, and the community to raise awareness about the services we provide

DONATE

Your contributions make a lasting impact. Visit our website and make a donation to support life saving care.

VOLUNTEER

Join us at one of our community events and lend a hand to create meaningful connections.

LIKE, FOLLOW, SHARE

Connect with us on social media to stay engaged and spread the word. Together, we can build stronger, healthier communities.



Contact us :

 833-431-4449

 www.hhwaz.org

 625 N. Plaza Dr.
Apache Junction, AZ 85120

