



Arizona Statewide Crisis Hotline

Call: 1-844-534-4673 (HOPE)

Text: HOPE to 4HOPE (44673)

Free and confidential
emotional support for
people in suicidal crisis
or emotional distress
24 hours a day,
7 days a week.

There is hope.



Contact the Arizona Statewide Crisis Hotline:

When you need support or have concern for another.
You will get support from a trained crisis counselor.

Talk with us.



If you or someone you know is struggling
or in crisis, help is available.

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How did we do?
Take our survey.

Crisis Line Direct Number: 1-844-534-4673 (HOPE)
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